### Michael Pezzullo, MA, LMFT

West Hollywood, CA / 347.886.3710 / pezzullo.psychotherapy@gmail.com

Psychotherapist specializing in LGBTO+ affirmative therapy, trauma, substance use and high-conflict divorce.

### **Clinical Experience:**

## **Private Practice**, Licensed Marriage & Family Therapist

April '19 - Present

- West Hollywood, CA
  - Provide psychotherapy to clients in person at my West Hollywood, CA office and virtually throughout California.
  - Treat individuals and couples using psychodynamic, CBT, DBT, narrative, attachment-focused and internal family systems approaches.
  - Utilize attachment-focused EMDR (AF-EMDR) treating both single-incident and complex trauma.
  - Certified in Ketamine Assisted Psychotherapy (KAP) to treat treatment-resistant mood disorders and trauma.

## The Camden Center, Licensed Marriage & Family Therapist

May '21 - Present

- Beverly Hills, CA
  - Treating substance use and co-occurring psychiatric disorders at an intensive outpatient level of care.
  - Primary therapist on EOS clinical team providing affirmative psychotherapy to clients who identify as LGBTQIA+.
  - Providing treatment for "chem-sex"—the addictive process of using substances to heighten & augment sexual arousal.

#### **Impulse Group**, Licensed Marriage & Family Therapist Hollvwood, CA

June '21 - Jan '23

- Created and facilitated gay men's weekly process group, sponsored by AIDS Health Foundation.
- Group participants provided the opportunity to process issues pertinent to the LGBTO community such as isolation, shame, sex and relationships, external or internalized homophobia, substance use issues and HIV status.
- Group provided a corrective emotional experience where participants feel heard, understood and accepted.

# La Fuente Hollywood Treatment Center, Licensed Marriage & Family Therapist

September '19 - April '21

- Hollywood, CA
  - Provided LGBTQ-affirmative treatment to clients presenting with substance use disorders at both residential and outpatient
  - Served as primary therapist to residential and outpatient clients, providing both individual and family therapy sessions.
  - Facilitated daily therapy groups, with topics including DBT skills, relapse prevention and trauma.
  - Coordinated psychiatric services and utilization reviews to ensure clients receive sufficient, individualized treatment.

## Evolve Treatment, Associate Marriage & Family Therapist

April '19 - September '19

- Bel Air, CA
  - Treated adolescents (ages 12-17) at both partial hospitalization and intensive outpatient levels of care.
  - Treated high-conflict families using structural family therapy and strategic approaches.
  - Provided parent coaching, couples counseling and divorce coaching.
  - Treatment focus includes primarily dual-diagnosis treatment, including substance use and mood disorders.
  - Ran a variety of psychotherapy groups, including process-oriented, dialectical behavioral therapy and psycho-education.
  - Completed certificates in Trauma-Focused CBT & Mandated Reporter professional training.

#### Early Childhood Development Associates, Associate Marriage & Family Therapist West Hollywood, CA

Jan '19 - Present

- Facilitating attachment parenting class with infants 18 to 24 months to foster secure relationships with their primary care-
- Co-leading a "preschool prep" workshop, working with children 3-4 years old who exhibit attention deficit disorders.
- Co-leading a behavioral group with children 5-7 years old who struggle with generalized and social anxiety disorders.
- Providing psycho-education sessions to parents, aiding their understanding of their child's psycho-biological development.

### Center For Healthy Sex, Associate Marriage & Family Therapist Westwood, CA

Dec '18 - May '19

- - Co-led evening process group for men in recovery from sex addiction, sexual compulsivity, and love addiction. Received extensive training in human sexuality, sexual dysfunction, sex addiction and co-occurring substance abuse.
- Provided short-term psychotherapy to clients experiencing a variety of sexual disorders & sexual health concerns.

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### Valley Community Counseling Clinic, Trainee Psychotherapist

Sept '17 - March '19

North Hollywood, CA

- Provided long-term psychotherapy to individuals and couples as a Marriage & Family Therapist trainee.
- Gained experience treating clients presenting with mood, personality and substance use disorders.
- Trained to practice within scope of CAAMFT legal and ethical standards.
- Received extensive experience conducting intakes and writing clinical assessments.
- Received specialized education on object-relations focused psychoanalytic psychotherapy.
- Learned how to incorporate psychoanalytic psychotherapy with modern psychotherapeutic techniques.

### Leadership/Certifications:

**Group Psychotherapy Association of Los Angeles** 

Board Member

**Attachment-Focused EMDR Certification** 

Parnell Institute

Weho Times

Contributing Columnist

**AAMPH (LGBTQ+ Addiction Professionals)** 

Contributing Speaker

Ketamine Assisted Psychotherapy (KAP)

Journey Clinical

**Antioch University** 

Adjunct Professor

'Speaking Out' Documentary

Trauma expert contributing therapist

**Education**:

**Antioch University** M.A. Clinical Psychology

Los Angeles, CA

New York University: B.A Media & Communication

New York, NY Minor: Psychology

Graduated December 2018

Graduated May 2012